

Community Health Assessment Survey **DEER LAKE & WHITE BAY AREA RESULTS** 2019-2020

282



RESPONDENTS FROM DEER LAKE & WHITE **BAY AREA**

45%



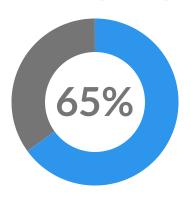
MAJORITY FROM **DEER LAKE**

73% X



MAJORITY IN THE **36-45 AGE GROUP**

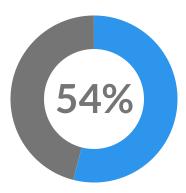
HEALTH INFORMATION



FAMILY DOCTOR

Majority (65%) of respondents go to their family doctor when they are looking for health related information

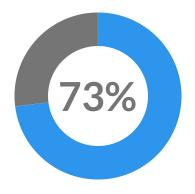
HEALTH SERVICES



SATISFACTION

Majority (54%) of respondents were satisfied or very satisfied with health care services they used in the past 12 months

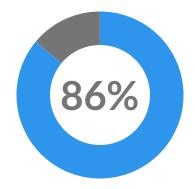
ACCESS



REQUIRED HEALTH SERVICES

Majority (73%) of respondents indicated they were able to access a required health service

HEALTH STATUS



PHYSICAL HEALTH

Majority (86%) of respondents reported their physical health was excellent or very good

TOP THREE COMMUNITY CONCERNS:

- 1. Addictions (28%)
- 2. Cost of living (20.9%)
- 3. Chronic disease (18%)

TOP THREE BEHAVIORS TO IMPROVE HEALTH:

- 1. Physical activity (92%)
- 2. Eat healthier (85%)
- 3. Reduce stress (81%)

TOP THREE WAYS WESTERN HEALTH CAN MAKE A DIFFERENCE:

- 1. Improve access to primary care services
- 2. Improve wait times for services
- 3. Improve recruitment and retention of health care providers

For the full regional and individual primary health care reports, visit the Western Health website.